




Shelby County Schools - Nutrition Services

September 2019 At Risk Supper Menu

Serving Period: AT RISK SUPPER

Monday	Tuesday	Wednesday	Thursday	Friday
-2- 	-3- CHICKEN TENDERS WHOLE GRAIN ROLL ROMAINE GARDEN SALAD FRESH APPLE MILK, VARIETY	-4- HOMESTYLE TURKEY SANDWICH ON WHOLE GRAIN BUN VEGGIE CUP W/DIP FRESH PEAR MILK, VARIETY	-5- BBQ CHICKEN MINIS ON WHOLE GRAIN SLIDER BUN STEAMED BROCCOLI FRESH APPLE MILK, VARIETY	-6- DELI TURKEY SANDWICH ON WHOLE GRAIN BUN W/LETTUCE, TOMATO, & PICKLES CHERRY/GRAPE TOMATOES W/DIP FRESH ORANGE MILK, VARIETY
-9- DELI TRIO SANDWICH W/CHEESE ON WHOLE GRAIN BUN W/LETTUCE, TOMATO, & PICKLES CARROTS W/DIP FRESH APPLE MILK, VARIETY	-10- BBQ PORK SANDWICH ON WHOLE GRAIN BUN STEAMED BROCCOLI FRESH APPLE MILK, VARIETY	-11- BREADED CHICKEN SANDWICH ON WHOLE GRAIN BUN VEGGIE CUP W/DIP FRESH PEAR MILK, VARIETY	-12- CHICKEN NUGGETS WHOLE GRAIN ROLL ROMAINE GARDEN SALAD FRESH ORANGE MILK, VARIETY	-13- DELI TURKEY HAM SANDWICH ON WHOLE GRAIN BUN W/LETTUCE, TOMATO, & PICKLES CUCUMBERS & TOMATOES W/DIP FRESH APPLE MILK, VARIETY
-16- DELI TURKEY HAM SANDWICH ON WHOLE GRAIN BUN W/LETTUCE, TOMATO, & PICKLES CARROTS W/DIP FRESH APPLE MILK, VARIETY	-17- BUFFALO CHICKEN SANDWICH ON WHOLE GRAIN BUN SPINACH GARDEN SALAD CHILLED PEACH CUP MILK, VARIETY	-18- HOMESTYLE TURKEY SANDWICH ON WHOLE GRAIN BUN VEGGIE CUP W/DIP FRESH PEAR MILK, VARIETY	-19- BBQ CHICKEN MINIS ON WHOLE GRAIN SLIDER BUN STEAMED BROCCOLI FRESH APPLE MILK, VARIETY	-20- DELI TURKEY SANDWICH ON WHOLE GRAIN BUN W/LETTUCE, TOMATO, & PICKLES CHERRY/GRAPE TOMATOES W/DIP FRESH ORANGE MILK, VARIETY
-23- DELI TRIO SANDWICH W/CHEESE ON WHOLE GRAIN BUN W/LETTUCE, TOMATO, & PICKLES CARROTS W/DIP FRESH APPLE MILK, VARIETY	-24- BBQ PORK SANDWICH ON WHOLE GRAIN BUN STEAMED BROCCOLI FRESH APPLE MILK, VARIETY	-25- BREADED CHICKEN SANDWICH ON WHOLE GRAIN BUN VEGGIE CUP W/DIP FRESH PEAR MILK, VARIETY	-26- CHICKEN NUGGETS WHOLE GRAIN ROLL ROMAINE GARDEN SALAD FRESH ORANGE MILK, VARIETY	-27- DELI TURKEY HAM SANDWICH ON WHOLE GRAIN BUN W/LETTUCE, TOMATO, & PICKLES CUCUMBERS & TOMATOES W/DIP FRESH APPLE MILK, VARIETY

MILK – STUDENTS HAVE A CHOICE OF SKIM, 1% OR CHOCOLATE MILK. OTHER FLAVORED MILKS ARE ONLY OFFERED DURING LUNCH.

MENUS ARE SUBJECT TO CHANGE

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