



Shelby County Schools - Nutrition Services

September 2019 Secondary Lunch Menu 9-12

Serving Period: SECONDARY LUNCH

Monday	Tuesday	Wednesday	Thursday	Friday
<p style="text-align: center;">-2-</p> 	<p style="text-align: center;">-3-</p> <p>ITALIAN SPAGHETTI TURKEY DUO CHEESE PIZZA CORNBREAD STEAMED BROCCOLI MASHED POTATOES W/GRAVY CHILLED FRUIT COCKTAIL ASSORTED FRESH FRUIT MILK, VARIETY</p>	<p style="text-align: center;">-4-</p> <p>BBQ MEATBALLS HAMBURGER/CHEESEBURGER DELI TRIO W/CHEESE VEGGIE SALAD W/WHEAT CRACKERS ORANGE GLAZED CARROTS/BAKED BEANS WHEAT ROLL CHILLED PEARS ASSORTED FRESH FRUIT MILK, VARIETY</p>	<p style="text-align: center;">-5-</p> <p>TURKEY & DRESSING W/GRAVY BEEF STEAK W/GRAVY CHEF SALAD W/WHEAT CRACKERS SWEET POTATOES STEAMED SPINACH WHEAT ROLL CHILLED PINEAPPLE ASSORTED FRESH FRUIT MILK, VARIETY</p>	<p style="text-align: center;">-6-</p> <p>BUFFALO CHICKEN WINGS HAMBURGER/CHEESEBURGER FISHSTRIPS/WHEAT ROLL SUPERVISOR CHOICE VEGGIE ENTREE STEAMED CABBAGE/SANTA FE SALAD CHILLED TROPICAL FRUIT FRESH WATERMELON ASSORTED FRESH FRUIT MILK, VARIETY</p>
<p style="text-align: center;">-9-</p> <p>CHICKEN TENDERS & WAFFLES HAMBURGER/CHEESEBURGER DELI TRIO W/CHEESE GRILLED CHEESE SANDWICH GREEN BEANS CRINKLE CUT FRIES CHILLED PEACHES ASSORTED FRESH FRUIT MILK, VARIETY</p>	<p style="text-align: center;">-10-</p> <p>OVEN FRIED CHICKEN SPICY CHICKEN SANDWICH TURKEY DELI SANDWICH W/CHEESE CHEESE PIZZA/STEAMED SPINACH WHEAT ROLL/CORNBREAD ROASTED RED SKIN POTATOES CHILLED FRUIT COCKTAIL ASSORTED FRESH FRUIT MILK, VARIETY</p>	<p style="text-align: center;">-11-</p> <p>ORANGE CHICKEN HAMBURGER/CHEESEBURGER DELI TRIO W/CHEESE/YOGURT BLAST WHEAT ROLL/CORNBREAD STIR FRIED VEGETABLES/BROWN RICE ORANGE GLAZED CARROTS ROMAINE GARDEN SALAD/CHILLED PEARS ASSORTED FRESH FRUIT MILK, VARIETY</p>	<p style="text-align: center;">-12-</p> <p>BREADED CHICKEN SANDWICH CHEESE BREADSTICKS W/MARINARA CHEF SALAD W/WHEAT CRACKERS HUMMUS DIPPERS W/CHEESE ROASTED RED POTATOES STEAMED SPINACH FRESH MIXED FRUIT ASSORTED FRESH FRUIT MILK, VARIETY</p>	<p style="text-align: center;">-13-</p> <p>CHICKEN SOFT TACOS BBQ NACHOS BLACK BEAN & CORN SALSA SANTA FE SALAD W/WHEAT CRACKERS ROMAINE GARDEN SALAD WHOLE KERNEL CORN/FIESTA BEANS CHILLED TROPICAL FRUIT FRESH WATERMELON ASSORTED FRESH FRUIT MILK, VARIETY</p>
<p style="text-align: center;">-16-</p> <p>BUFFALO CHICKEN SLIDERS HAMBURGER/CHEESEBURGER HAWAIIAN TURKEY HAM & CHEESE SOY BUTTER COMBO GREEN BEANS CRINKLE CUT FRIES CHILLED PEACHES ASSORTED FRESH FRUIT MILK, VARIETY</p>	<p style="text-align: center;">-17-</p> <p>ITALIAN SPAGHETTI SPICY CHICKEN SANDWICH TURKEY DELI SANDWICH W/CHEESE CHEESE PIZZA/WHEAT ROLL STEAMED BROCCOLI W/CHEESE MASHED POTATOES W/GRAVY CHILLED FRUIT COCKTAIL ASSORTED FRESH FRUIT MILK, VARIETY</p>	<p style="text-align: center;">-18-</p> <p>FRIED RICE MEAL HAMBURGER/CHEESEBURGER DELI TRIO W/CHEESE VEGGIE SALAD W/WHEAT CRACKERS ORANGE GLAZED CARROTS/BROWN RICE STIR FRIED VEGETABLES WHEAT ROLL/CHILLED PEARS ASSORTED FRESH FRUIT MILK, VARIETY</p>	<p style="text-align: center;">-19-</p> <p>BUFFALO CHICKEN WINGS HAMBURGER/CHEESEBURGER CHICKEN PRIMAVERA MACARONI & CHEESE ROASTED CABBAGE/VEGGIE CUP SANTA FE SALAD W/WHEAT CRACKERS CHILLED PINEAPPLE BERRY SLUSH ASSORTED FRESH FRUIT MILK, VARIETY</p>	<p style="text-align: center;">-20-</p> <p>SUPREME PIZZA HOT HAM & CHEESE SANDWICH POPCORN CHICKEN SALAD 3 CHEESE BREAD W/MARINARA STEAMED SPINACH/WHOLE KERNEL CORN ROMAINE GARDEN SALAD WHEAT CRACKERS CHILLED TROPICAL FRUIT ASSORTED FRESH FRUIT MILK, VARIETY</p>
<p style="text-align: center;">-23-</p> <p>CHICKEN TENDERS & WAFFLES HOT DOG DELI TRIO W/CHEESE GRILLED CHEESE SANDWICH GREEN BEANS CRINKLE CUT FRIES CHILLED PEACHES ASSORTED FRESH FRUIT MILK, VARIETY</p>	<p style="text-align: center;">-24-</p> <p>OVEN ROASTED CHICKEN SPICY CHICKEN SANDWICH TURKEY DELI SANDWICH W/CHEESE CHEESE PIZZA WHEAT ROLL/CORNBREAD STEAMED BROCCOLI SWEET POTATOES CHILLED FRUIT COCKTAIL ASSORTED FRESH FRUIT MILK, VARIETY</p>	<p style="text-align: center;">-25-</p> <p>ORANGE CHICKEN HAMBURGER/CHEESEBURGER DELI TRIO W/CHEESE/YOGURT BLAST WHEAT ROLL/CORNBREAD STIR FRIED VEGETABLES/BROWN RICE ORANGE GLAZED CARROTS ROMAINE GARDEN SALAD CHILLED PEARS ASSORTED FRESH FRUIT MILK, VARIETY</p>	<p style="text-align: center;">-26-</p> <p>BREADED CHICKEN SANDWICH CHEESE BREADSTICKS W/MARINARA CHEF SALAD W/WHEAT CRACKERS HUMMUS DIPPERS W/CHEESE ROASTED RED POTATOES STEAMED SPINACH FRESH MIXED FRUIT ASSORTED FRESH FRUIT MILK, VARIETY</p>	<p style="text-align: center;">-27-</p> <p>CHICKEN SOFT TACOS BEEFY NACHOS HAMBURGER/CHEESEBURGER SANTA FE SALAD W/WHEAT CRACKERS BLACK BEAN & CORN SALSA ROMAINE GARDEN SALAD WHOLE KERNEL CORN/FIESTA BEANS CHILLED PINEAPPLE ASSORTED FRESH FRUIT MILK, VARIETY</p>

MILK – STUDENTS HAVE A CHOICE OF SKIM, 1% OR CHOCOLATE MILK. OTHER FLAVORED MILKS ARE ONLY OFFERED DURING LUNCH.

MENUS ARE SUBJECT TO CHANGE

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