



Shelby County Schools - Nutrition Services

September 2019 Elementary Lunch Menu PK-8

Serving Period: ELEMENTARY LUNCH

Monday	Tuesday	Wednesday	Thursday	Friday
-2- 	-3- ITALIAN SPAGHETTI TURKEY DUO CHEESE PIZZA STEAMED BROCCOLI MASHED POTATOES W/GRAVY CHILLED FRUIT COCKTAIL ASSORTED FRESH FRUIT MILK, VARIETY	-4- BBQ MEATBALLS BBQ PORK SANDWICH HUMMUS DIPPERS W/CHEESE ORANGE GLAZED CARROTS BAKED BEANS/VEGGIE CUP WHEAT ROLL CHILLED PEARS/FRESH CANTALOUPE ASSORTED FRESH FRUIT MILK, VARIETY	-5- TURKEY & DRESSING W/GRAVY BEEF STEAK W/GRAVY CHEF SALAD W/WHEAT CRACKERS SWEET POTATOES STEAMED SPINACH WHEAT ROLL CHILLED PINEAPPLE ASSORTED FRESH FRUIT MILK, VARIETY	-6- BEEFY NACHOS FISH STRIPS/ITALIAN SPAGHETTI SUPERVISOR CHOICE VEGETARIAN ENTRÉE WHEAT ROLL STEAMED CABBAGE/PINTO BEANS CHILLED TROPICAL FRUIT FRESH WATERMELON ASSORTED FRESH FRUIT MILK, VARIETY
-9- CHICKEN NUGGETS & WAFFLES HAMBURGER GRILLED CHEESE SANDWICH GREEN BEANS CRINKLE CUT FRIES CHILLED PEACHES ASSORTED FRESH FRUIT MILK, VARIETY	-10- OVEN FRIED CHICKEN TURKEY DELI SANDWICH W/CHEESE CHEESE PIZZA WHEAT ROLL STEAMED SPINACH ROASTED RED SKIN POTATOES CHILLED FRUIT COCKTAIL ASSORTED FRESH FRUIT MILK, VARIETY	-11- FRIED RICE MEAL BREADED CHICKEN SANDWICH YOGURT BLAST STIR FRIED VEGETABLES/BROWN RICE ORANGE GLAZED CARROTS ROMAINE GARDEN SALAD CHILLED PEARS/FRESH CANTALOUPE ASSORTED FRESH FRUIT MILK, VARIETY	-12- CHICKEN TENDERS GRILLED CHICKEN SALAD CHEESE BREADSTICKS W/MARINARA WHEAT CRACKERS/WHEAT ROLL ROASTED RED POTATOES STEAMED SPINACH FRESH MIXED FRUIT ASSORTED FRESH FRUIT MILK, VARIETY	-13- CHICKEN SOFT TACOS BBQ NACHOS BLACK BEAN & CORN SALSA ROMAINE GARDEN SALAD WHOLE KERNEL CORN/FIESTA BEANS CHILLED TROPICAL FRUIT FRESH WATERMELON ASSORTED FRESH FRUIT MILK, VARIETY
-16- CORN DOG NUGGETS HAWAIIAN TURKEY HAM & CHEESE SANDWICH SOY BUTTER JAMMER COMBO PINTO BEANS/GREEN BEANS CHILLED PEACHES ASSORTED FRESH FRUIT MILK, VARIETY	-17- SPAGHETTI MEAL KIT BREADED CHICKEN SANDWICH CHEESE PIZZA WHEAT ROLL STEAMED BROCCOLI MASHED POTATOES W/GRAVY CHILLED FRUIT COCKTAIL ASSORTED FRESH FRUIT MILK, VARIETY	-18- TERIYAKI MEATBALLS HOT HAM & CHEESE SANDWICH HUMMUS DIPPERS W/CHEESE STIR FRY VEGETABLES ORANGE GLAZED CARROTS/VEGGIE CUP BROWN RICE/WHEAT ROLL CHILLED PEARS/FRESH CANTALOUPE ASSORTED FRESH FRUIT MILK, VARIETY	-19- CHICKEN PRIMAVERA FISH STRIPS MACARONI & CHEESE FISH STRIPS W/MACARONI & CHEESE STEAMED CABBAGE/WHEAT ROLL ROMAINE GARDEN SALAD CHILLED TROPICAL FRUIT BERRY SLUSH ASSORTED FRESH FRUIT MILK, VARIETY	-20- FRIED RICE MEAL SUPREME PIZZA POPCORN CHICKEN SALAD CHEESE BREADSTICKS W/MARINARA STEAMED SPINACH WHOLE KERNEL CORN WHEAT CRACKERS CHILLED PINEAPPLE ASSORTED FRESH FRUIT MILK, VARIETY
-23- CHICKEN NUGGETS & WAFFLES HOT DOG GRILLED CHEESE SANDWICH GREEN BEANS CRINKLE CUT FRIES CHILLED PEACHES ASSORTED FRESH FRUIT MILK, VARIETY	-24- OVEN ROASTED CHICKEN TURKEY DELI SANDWICH W/CHEESE CHEESE PIZZA WHEAT ROLL STEAMED BROCCOLI SWEET POTATOES CHILLED FRUIT COCKTAIL ASSORTED FRESH FRUIT MILK, VARIETY	-25- ORANGE CHICKEN BREADED CHICKEN SANDWICH YOGURT BLAST STIR FRIED VEGETABLES/BROWN RICE ORANGE GLAZED CARROTS ROMAINE GARDEN SALAD CHILLED PEARS ASSORTED FRESH FRUIT MILK, VARIETY	-26- CHICKEN TENDERS GRILLED CHICKEN SALAD 3 CHEESE BREAD W/MARINARA WHEAT CRACKERS/WHEAT ROLL ROASTED RED POTATOES STEAMED SPINACH FRESH MIXED FRUIT ASSORTED FRESH FRUIT MILK, VARIETY	-27- CHICKEN SOFT TACOS BEEFY NACHOS BLACK BEAN & CORN SALSA ROMAINE GARDEN SALAD WHOLE KERNEL CORN/FIESTA BEANS CHILLED PINEAPPLE ASSORTED FRESH FRUIT MILK, VARIETY

MILK – STUDENTS HAVE A CHOICE OF SKIM, 1% OR CHOCOLATE MILK. OTHER FLAVORED MILKS ARE ONLY OFFERED DURING LUNCH.

MENUS ARE SUBJECT TO CHANGE

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