



## Shelby County Schools - Nutrition Services

### September 2019 Breakfast Menu

**Serving Period: BREAKFAST**

Monday	Tuesday	Wednesday	Thursday	Friday
-2-  <b>LABOR DAY</b> STUDENT HOLIDAY LABOR DAY	-3- CHICKEN BISCUIT BLUEBERRY MUFFIN ASSORTED FRESH FRUIT 100% FRUIT JUICE, VARIETY MILK, VARIETY	-4- BREAKFAST CROISSANT YOGURT & GRANOLA ASSORTED FRESH FRUIT 100% FRUIT JUICE, VARIETY MILK, VARIETY	-5- SAUSAGE BREAKFAST BAGEL BANANA LOAF ASSORTED FRESH FRUIT 100% FRUIT JUICE, VARIETY MILK, VARIETY	-6- FRENCH TOAST STICKS CANADIAN HAM BISCUIT ASSORTED FRESH FRUIT 100% FRUIT JUICE, VARIETY MILK, VARIETY
-9- BREAKFAST WRAP BREAKFAST CROISSANT ASSORTED FRESH FRUIT 100% FRUIT JUICE, VARIETY MILK, VARIETY	-10- CHICKEN BISCUIT STRAWBERRY TOASTER PASTRY ASSORTED FRESH FRUIT 100% FRUIT JUICE, VARIETY MILK, VARIETY	-11- SAUSAGE BREAKFAST BAGEL BREAKFAST DONUT ASSORTED FRESH FRUIT 100% FRUIT JUICE, VARIETY MILK, VARIETY	-12- MAPLE PANCAKE BITES SWEET POTATO CINNAMON ROLL ASSORTED FRESH FRUIT 100% FRUIT JUICE, VARIETY MILK, VARIETY	-13- CANADIAN HAM BISCUIT BREAKFAST BUN ASSORTED FRESH FRUIT 100% FRUIT JUICE, VARIETY MILK, VARIETY
-16- TURKEY HAM & CHEESE ROLL BLUEBERRY BREAKFAST STICK ASSORTED FRESH FRUIT 100% FRUIT JUICE, VARIETY MILK, VARIETY	-17- CHICKEN BISCUIT BLUEBERRY MUFFIN ASSORTED FRESH FRUIT 100% FRUIT JUICE, VARIETY MILK, VARIETY	-18- BREAKFAST CROISSANT YOGURT & GRANOLA ASSORTED FRESH FRUIT 100% FRUIT JUICE, VARIETY MILK, VARIETY	-19- SAUSAGE BREAKFAST BAGEL BANANA LOAF ASSORTED FRESH FRUIT 100% FRUIT JUICE, VARIETY MILK, VARIETY	-20- FRENCH TOAST STICKS CANADIAN HAM BISCUIT ASSORTED FRESH FRUIT 100% FRUIT JUICE, VARIETY MILK, VARIETY
-23- BREAKFAST WRAP BREAKFAST CROISSANT ASSORTED FRESH FRUIT 100% FRUIT JUICE, VARIETY MILK, VARIETY	-24- CHICKEN BISCUIT STRAWBERRY TOASTER PASTRY ASSORTED FRESH FRUIT 100% FRUIT JUICE, VARIETY MILK, VARIETY	-25- SAUSAGE BREAKFAST BAGEL BREAKFAST DONUT ASSORTED FRESH FRUIT 100% FRUIT JUICE, VARIETY MILK, VARIETY	-26- MAPLE PANCAKE BITES SWEET POTATO CINNAMON ROLL ASSORTED FRESH FRUIT 100% FRUIT JUICE, VARIETY MILK, VARIETY	-27- CANADIAN HAM BISCUIT BREAKFAST BUN ASSORTED FRESH FRUIT 100% FRUIT JUICE, VARIETY MILK, VARIETY

MILK – STUDENTS HAVE A CHOICE OF SKIM, 1% OR CHOCOLATE MILK. OTHER FLAVORED MILKS ARE ONLY OFFERED DURING LUNCH.

\*MENUS ARE SUBJECT TO CHANGE\*

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