







Shelby County Schools - Nutrition Services

September 2018 Secondary Lunch Menu

Serving Period: **SECONDARY LUNCH**

Monday	Tuesday	Wednesday	Thursday	Friday
-3- STUDENT HOLIDAY LABOR DAY  Labor Day	-4- BEEF STEAK FINGERS W/WHEAT ROLL OR CORNBREAD SPICY CHICKEN SANDWICH DELI SANDWICH W/CHEESE/YOGURT BLAST GREEN BEANS VEGGIE CUP W/DIP CHILLED FRUIT COCKTAIL ASSORTED FRESH FRUIT MILK, VARIETY	-5- OVEN ROASTED CHICKEN W/WHEAT ROLL HAMBURGER/CHEESEBURGER DELI TRIO SANDWICH/SOY BUTTER COMBO VEGETARIAN SALAD W/WHEAT CRACKERS TURNIP GREENS SWEET POTATOES CHILED PEARS ASSORTED FRESH FRUIT MILK, VARIETY	-6- SUPREME PIZZA BUFFALO CHICKEN SLIDERS ORANGE CHICKEN W/RICE DELUXE VEGETARIAN SANDWICH CHEF SALAD W/WHEAT CRACKERS ROMAINE GARDEN SALAD/CARROT COINS CHILED PEACHES ASSORTED FRESH FRUIT MILK, VARIETY	-7- HOT WINGS BBQ CHICKEN NACHOS HAMBURGER/CHEESEBURGER/CHEESE PIZZA DELI SANDWICH W/CHEESE SANTA FE CHICKEN SALAD/W WHEAT CRACKERS FIESTA BEANS/FRUIT SLUSH CHILLED PINEAPPLE ASSORTED FRESH FRUIT MILK, VARIETY
-10- CHICKEN TENDERS W/WHEAT ROLL HAMBURGER/CHEESEBURGER DELI TRIO SANDWICH GRILLED CHEESE SANDWICH STEAMED BROCCOLI W/CHEESE CRINKLE CUT FRIES CHILLED PEACHES ASSORTED FRESH FRUIT MILK, VARIETY	-11- CHEESE BREADSTICK W/MARINARA SPICY CHICKEN SANDWICH DELI SANDWICH W/CHEESE YOGURT BLAST GREEN BEANS VEGGIE CUP W/DIP CHILLED FRUIT COCKTAIL ASSORTED FRESH FRUIT MILK, VARIETY	-12- OVEN FRIED CHICKEN W/WHEAT ROLL HAMBURGER/CHEESEBURGER DELI TRIO SANDWICH/SOY BUTTER COMBO VEGETARIAN SALAD W/WHEAT CRACKERS TURNIP GREENS SWEET POTATOES CHILLED PEARS ASSORTED FRESH FRUIT MILK, VARIETY	-13- GRANDPARENTS DAY TURKEY & DRESSING W/GRAVY CRANBERRY SAUCE/SUPREME PIZZA VEGETARIAN SALAD W/WHEAT CRACKERS TURNIP GREENS/WHEAT ROLL SWEET POTATOES & APPLES CHILLED PEACHES ASSORTED FRESH FRUIT MILK, VARIETY	-14- BEEF NACHOS HAMBURGER/CHEESEBURGER DELI SANDWICH W/CHEESE CHEESE PIZZA SANTA FE CHICKEN SALAD W/WHEAT CRACKERS WHOLE KERNEL CORN/FIESTA BEANS CHILLED PINEAPPLE ASSORTED FRESH FRUIT MILK, VARIETY
-17- CHICKEN & WAFFLES SANDWICH HAMBURGER/CHEESEBURGER DELI TRIO SANDWICH GRILLED CHEESE SANDWICH STEAMED BROCCOLI W/CHEESE CRINKLE CUT FRIES CHILLED PEACHES PRETZELS ASSORTED FRESH FRUIT	-18- BEEF STEAK FINGERS W/WHEAT ROLL OR CORNBREAD SPICY CHICKEN SANDWICH DELI SANDWICH W/CHEESE/YOGURT BLAST GREEN BEANS VEGGIE CUP W/DIP CHILLED FRUIT COCKTAIL ASSORTED FRESH FRUIT MILK, VARIETY	-19- OVEN ROASTED CHICKEN W/WHEAT ROLL HAMBURGER/CHEESEBURGER DELI TRIO SANDWICH/SOY BUTTER COMBO VEGETARIAN SALAD W/WHEAT CRACKERS TURNIP GREENS SWEET POTATOES CHILED PEARS ASSORTED FRESH FRUIT MILK, VARIETY	-20- SUPREME PIZZA BUFFALO CHICKEN SLIDERS ORANGE CHICKEN W/RICE DELUXE VEGETARIAN SANDWICH CHEF SALAD W/WHEAT CRACKERS ROMAINE GARDEN SALAD/CARROT COINS CHILED PEACHES ASSORTED FRESH FRUIT MILK, VARIETY	-21- BBQ PORK NACHOS HAMBURGER/CHEESEBURGER CHEESE PIZZA DELI SANDWICH W/CHEESE SANTA FE CHICKEN SALAD/W WHEAT CRACKERS FIESTA BEANS/FRUIT SLUSH CHILLED PINEAPPLE ASSORTED FRESH FRUIT MILK, VARIETY
-24- CHICKEN TENDERS W/WHEAT ROLL HAMBURGER/CHEESEBURGER DELI TRIO SANDWICH GRILLED CHEESE SANDWICH STEAMED BROCCOLI W/CHEESE CRINKLE CUT FRIES CHILLED PEACHES ASSORTED FRESH FRUIT MILK, VARIETY	-25- CHEESE BREADSTICK W/MARINARA SPICY CHICKEN SANDWICH DELI SANDWICH W/CHEESE YOGURT BLAST GREEN BEANS VEGGIE CUP W/DIP CHILLED FRUIT COCKTAIL ASSORTED FRESH FRUIT MILK, VARIETY	-26- OVEN FRIED CHICKEN W/WHEAT ROLL HAMBURGER/CHEESEBURGER DELI TRIO SANDWICH/SOY BUTTER COMBO VEGETARIAN SALAD W/WHEAT CRACKERS TURNIP GREENS SWEET POTATOES CHILLED PEARS ASSORTED FRESH FRUIT MILK, VARIETY	-27- STUFFED CHEESE STICKS W/MARINARA CHICKEN SANDWICH/HUMMUS DIPPERS HONEY FIRE CHICKEN W/RICE CHEF SALAD W/WHEAT CRACKERS ROMAINE GARDEN SALAD CARROT COINS CHILLED PEACHES ASSORTED FRESH FRUIT MILK, VARIETY	-28- BEEF NACHOS HAMBURGER/CHEESEBURGER DELI SANDWICH W/CHEESE CHEESE PIZZA SANTA FE CHICKEN SALAD W/WHEAT CRACKERS WHOLE KERNEL CORN/FIESTA BEANS CHILLED PINEAPPLE ASSORTED FRESH FRUIT MILK, VARIETY
				

MILK – STUDENTS HAVE A CHOICE OF SKIM, 1% OR CHOCOLATE MILK. OTHER FLAVORED MILKS ARE ONLY OFFERED DURING LUNCH.

MENUS ARE SUBJECT TO CHANGE

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