



# Shelby County Schools - Division of Nutrition Services

## September 2017 Breakfast Menu

**Serving Period: BREAKFAST**

Monday	Tuesday	Wednesday	Thursday	Friday
	<p><i>Breakfast is the most important meal of the day!</i></p>		<p><i>Breakfast is the most important meal of the day!</i></p>	<p>-1- OATMEAL POMEGRANATE BAR SWEET POTATO CINNAMON ROLL ASSORTED CEREAL W/GRAHAM CRACKERS ASSORTED FRESH FRUIT 100% FRUIT JUICE, VARIETY MILK, VARIETY</p>
<p>-4- <b>LABOR DAY STUDENT HOLIDAY</b></p> 	<p>-5- CHICKEN BISCUIT BLUEBERRY MUFFIN ASSORTED CEREAL W/GRAHAM CRACKERS ASSORTED FRESH FRUIT 100% FRUIT JUICE, VARIETY MILK, VARIETY</p>	<p>-6- STRAWBERRY POPTART ASSORTED YOGURT &amp; GRANOLA ASSORTED CEREAL W/GRAHAM CRACKERS ASSORTED FRESH FRUIT 100% FRUIT JUICE, VARIETY MILK, VARIETY</p>	<p>-7- FRENCH TOAST STICKS SAUSAGE BISCUIT ASSORTED CEREAL W/GRAHAM CRACKERS ASSORTED FRESH FRUIT 100% FRUIT JUICE, VARIETY MILK, VARIETY</p>	<p>-8- SAUSAGE BREAKFAST BAGEL OATMEAL POMEGRANATE BAR ASSORTED CEREAL W/GRAHAM CRACKERS ASSORTED FRESH FRUIT 100% FRUIT JUICE, VARIETY MILK, VARIETY</p>
<p>-11- TURKEY HAM &amp; CHEESE ROLL ASSORTED YOGURT &amp; GRANOLA ASSORTED CEREAL W/GRAHAM CRACKERS ASSORTED FRESH FRUIT 100% FRUIT JUICE, VARIETY MILK, VARIETY</p>	<p>-12- CHICKEN BISCUIT STRAWBERRY POPTART ASSORTED CEREAL W/GRAHAM CRACKERS ASSORTED FRESH FRUIT 100% FRUIT JUICE, VARIETY MILK, VARIETY</p>	<p>-13- SAUSAGE BREAKFAST BAGEL BREAKFAST DONUT ASSORTED CEREAL W/GRAHAM CRACKERS ASSORTED FRESH FRUIT 100% FRUIT JUICE, VARIETY MILK, VARIETY</p>	<p>-14- BREAKFAST BUN EGG BISCUIT ASSORTED CEREAL W/GRAHAM CRACKERS ASSORTED FRESH FRUIT 100% FRUIT JUICE, VARIETY MILK, VARIETY</p>	<p>-15- OATMEAL POMEGRANATE BAR SWEET POTATO CINNAMON ROLL ASSORTED CEREAL W/GRAHAM CRACKERS ASSORTED FRESH FRUIT 100% FRUIT JUICE, VARIETY MILK, VARIETY</p>
<p>-18- TURKEY HAM &amp; CHEESE ROLL MINI BLUEBERRY PANCAKES ASSORTED CEREAL W/GRAHAM CRACKERS ASSORTED FRESH FRUIT 100% FRUIT JUICE, VARIETY MILK, VARIETY</p>	<p>-19- CHICKEN BISCUIT BLUEBERRY MUFFIN ASSORTED CEREAL W/GRAHAM CRACKERS ASSORTED FRESH FRUIT 100% FRUIT JUICE, VARIETY MILK, VARIETY</p>	<p>-20- STRAWBERRY POPTART ASSORTED YOGURT &amp; GRANOLA ASSORTED CEREAL W/GRAHAM CRACKERS ASSORTED FRESH FRUIT 100% FRUIT JUICE, VARIETY MILK, VARIETY</p>	<p>-21- FRENCH TOAST STICKS SAUSAGE BISCUIT ASSORTED CEREAL W/GRAHAM CRACKERS ASSORTED FRESH FRUIT 100% FRUIT JUICE, VARIETY MILK, VARIETY</p>	<p>-22- SAUSAGE BREAKFAST BAGEL OATMEAL POMEGRANATE BAR ASSORTED CEREAL W/GRAHAM CRACKERS ASSORTED FRESH FRUIT 100% FRUIT JUICE, VARIETY MILK, VARIETY</p>
<p>-25- TURKEY HAM &amp; CHEESE ROLL ASSORTED YOGURT &amp; GRANOLA ASSORTED CEREAL W/GRAHAM CRACKERS ASSORTED FRESH FRUIT 100% FRUIT JUICE, VARIETY MILK, VARIETY</p>	<p>-26- CHICKEN BISCUIT ASSORTED CEREAL W/GRAHAM CRACKERS STRAWBERRY POPTART ASSORTED FRESH FRUIT 100% FRUIT JUICE, VARIETY MILK, VARIETY</p>	<p>-27- SAUSAGE BREAKFAST BAGEL BREAKFAST DONUT ASSORTED CEREAL W/GRAHAM CRACKERS ASSORTED FRESH FRUIT 100% FRUIT JUICE, VARIETY MILK, VARIETY</p>	<p>-28- BREAKFAST BUN EGG BISCUIT ASSORTED CEREAL W/GRAHAM CRACKERS ASSORTED FRESH FRUIT 100% FRUIT JUICE, VARIETY MILK, VARIETY</p>	<p>-29- OATMEAL POMEGRANATE BAR SWEET POTATO CINNAMON ROLL ASSORTED CEREAL W/GRAHAM CRACKERS ASSORTED FRESH FRUIT 100% FRUIT JUICE, VARIETY MILK, VARIETY</p>

MILK – STUDENTS HAVE A CHOICE OF SKIM, 1% OR CHOCOLATE MILK. OTHER FLAVORED MILKS ARE ONLY OFFERED DURING LUNCH.

\*MENUS ARE SUBJECT TO CHANGE\*

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