








Shelby County Schools - Nutrition Services

October 2018 At Risk Supper Menu

Serving Period: AT RISK SUPPER

Monday	Tuesday	Wednesday	Thursday	Friday
-1- DELI TURKEY HAM SANDWICH ON WHOLE GRAIN BUN W/LETTUCE, TOMATO, & PICKLES CARROTS W/DIP TROPICAL FRUIT CUP MILK, VARIETY	-2- CHICKEN TENDERS WHOLE GRAIN ROLL SPINACH GARDEN SALAD FRESH APPLE MILK, VARIETY MILK, WHITE 1%	-3- HOMESTYLE TURKEY SANDWICH ON WHOLE GRAIN BUN W/LETTUCE, TOMATO, & PICKLES VEGGIE CUP W/DIP FRESH PEAR MILK, VARIETY	-4- CHICKEN PHILLY SANDWICH ON WHOLE GRAIN HOAGIE STEAMED BROCCOLI FRESH APPLE MILK, VARIETY	-5- DELI TURKEY SANDWICH ON WHOLE GRAIN BUN W/LETTUCE, TOMATO, & PICKLES GRAPE/CHERRY TOMATOES W/DIP FRESH ORANGE MILK, VARIETY
-8- FALL BREAK 	-9- FALL BREAK 	-10- FALL BREAK 	-11- FALL BREAK 	-12- FALL BREAK 
-15- DELI TRIO SANDWICH ON WHOLE GRAIN HOAGIE W/LETTUCE, TOMATO, & PICKLES CARROTS W/DIP TROPICAL FRUIT CUP	-16- BBQ PORK SANDWICH ON WHOLE GRAIN BUN STEAMED BROCCOLI FRESH APPLE MILK, VARIETY	-17- BREADED CHICKEN SANDWICH ON WHOLE GRAIN BUN W/LETTUCE, TOMATO, & PICKLES VEGGIE CUP W/ DIP FRESH PEAR MILK, VARIETY	-18- CHICKEN NUGGETS WHOLE GRAIN ROLL ROMAINE GARDEN SALAD FRESH ORANGE MILK, VARIETY	-19- DELI TURKEY HAM SANDWICH ON WHOLE GRAIN BUN W/LETTUCE, TOMATO, & PICKLES CUCUMBERS & TOMATOES W/DIP FRESH APPLE MILK, VARIETY
-22- DELI TURKEY HAM SANDWICH ON WHOLE GRAIN BUN W/LETTUCE, TOMATO, & PICKLES CARROTS W/DIP TROPICAL FRUIT CUP MILK, VARIETY	-23- CHICKEN TENDERS WHOLE GRAIN ROLL SPINACH GARDEN SALAD FRESH APPLE MILK, VARIETY MILK, WHITE 1%	-24- HOMESTYLE TURKEY SANDWICH ON WHOLE GRAIN BUN W/LETTUCE, TOMATO, & PICKLES VEGGIE CUP W/DIP FRESH PEAR MILK, VARIETY	-25- CHICKEN PHILLY SANDWICH ON WHOLE GRAIN HOAGIE STEAMED BROCCOLI FRESH APPLE MILK, VARIETY	-26- DELI TURKEY SANDWICH ON WHOLE GRAIN BUN W/LETTUCE, TOMATO, & PICKLES GRAPE/CHERRY TOMATOES W/DIP FRESH ORANGE MILK, VARIETY
-29- DELI TRIO SANDWICH ON WHOLE GRAIN HOAGIE W/LETTUCE, TOMATO, & PICKLES CARROTS W/DIP TROPICAL FRUIT CUP	-30- BBQ PORK SANDWICH ON WHOLE GRAIN BUN STEAMED BROCCOLI FRESH APPLE MILK, VARIETY	-31- BREADED CHICKEN SANDWICH ON WHOLE GRAIN BUN W/LETTUCE, TOMATO, & PICKLES VEGGIE CUP W/ DIP FRESH PEAR MILK, VARIETY		

MILK – STUDENTS HAVE A CHOICE OF SKIM, 1% OR CHOCOLATE MILK. OTHER FLAVORED MILKS ARE ONLY OFFERED DURING LUNCH.

MENUS ARE SUBJECT TO CHANGE

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