






# Shelby County Schools - Division of Nutrition Services

## October 2017 At Risk Snack Menu

**Serving Period: AT RISK SNACK**

| Monday   | Tuesday  | Wednesday  | Thursday  | Friday  |
|--|--|--|---|---|
| -2-<br>CINNAMON TOAST CRUNCH CEREAL<br>MILK, WHITE 1%  | -3-<br>HONEY ROASTED SUNFLOWER KERNELS<br>MILK, WHITE 1%     | -4-<br>ORANGE SLICES<br>WATERMELON RAISINS<br>VEGETABLE JUICE                        | -5-<br>NACHO CHEESE TORTILLA CHIPS<br>MILK, WHITE 1%                                  | -6-<br>MINI PRETZELS<br>CHEESE STICK<br>WATER   |
| -9-<br><b>FALL<br/>BREAK</b>                           | -10-<br><b>FALL<br/>BREAK</b>                                | -11-<br><b>FALL<br/>BREAK</b>  | -12-<br><b>FALL<br/>BREAK</b>   | -13-<br><b>FALL<br/>BREAK</b>   |
| -16-<br>CINNAMON TOAST CRUNCH CEREAL<br>MILK, WHITE 1% | -17-<br>HONEY ROASTED SUNFLOWER<br>KERNELS<br>MILK, WHITE 1% | -18-<br>ORANGE SLICES<br>WATERMELON RAISINS<br>VEGETABLE JUICE                       | -19-<br>NACHO CHEESE TORTILLA CHIPS<br>MILK, WHITE 1%                                 | -20-<br>MINI PRETZELS<br>CHEESE STICK<br>WATER  |
| -23-<br>APPLE JACKS CEREAL<br>MILK, WHITE 1%           | -24-<br>SWEET & SPICY TORTILLA CHIPS<br>MILK, WHITE 1%       | -25-<br>APPLE SLICES<br>WATERMELON RAISINS<br>VEGETABLE JUICE                        | -26-<br>CHEESE CRACKERS<br>MILK, WHITE 1%   | -27-<br>STRAWBERRY BANANA YOGURT<br>HONEY GRAHAM BELLY BEARS<br>WATER                 |
| -30-<br>CINNAMON TOAST CRUNCH CEREAL<br>MILK, WHITE 1% | -31-<br>HONEY ROASTED SUNFLOWER<br>KERNELS<br>MILK, WHITE 1% |  |  |  |

MILK – STUDENTS HAVE A CHOICE OF SKIM, 1% OR CHOCOLATE MILK. OTHER FLAVORED MILKS ARE ONLY OFFERED DURING LUNCH.

\*MENUS ARE SUBJECT TO CHANGE\*

Follow us on:



@scscafe



@scscafe



[www.facebook.com/shelbycountycafe](http://www.facebook.com/shelbycountycafe)

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.