






Shelby County Schools - Division of Nutrition Services

October 2017 Secondary Lunch Menu 9-12

Serving Period: **SECONDARY LUNCH**

Monday	Tuesday	Wednesday	Thursday	Friday
-2- CHICKEN SLIDERS/GRILLED CHEESE SANDWICH HAMBURGER/CHEESEBURGER W/LETTUCE, TOMATO & PICKLES DELI TRIO SANDWICH STEAMED BROCCOLI W/CHEESE CRINKLE CUT FRIES CHILLED PEACHES ASSORTED FRESH FRUIT MILK, VARIETY	-3- ROASTED TURKEY & GRAVY SPICY CHICKEN SANDWICH W/LETTUCE, TOMATO & PICKLES DELI SANDWICH W/CHEESE/YOGURT BLAST SEASONED FRIES/CARROT COINS WHEAT ROLL OR CONBREAD LOAF CHILLED FRUIT COCKTAIL ASSORTED FRESH FRUIT MILK, VARIETY	-4- ROASTED CHICKEN W/WHEAT ROLL HAMBURGER/CHEESEBURGER W/LETTUCE, TOMATO & PICKLES DELI TRIO SANDWICH/SOY BUTTER COMBO VEGETARIAN SALAD W/WHEAT CRACKERS FRESH CELERY STICKS W/DIP SWEET POTATOES/CHILLED PEARS ASSORTED FRESH FRUIT MILK, VARIETY	-5- SUPREME PIZZA/LEMONGRASS CHICKEN CHICKEN & WAFFLE SANDWICH DELUXE VEGETARIAN SANDWICH CHEF SALAD W/WHEAT CRACKERS STIR FRIED VEGETABLES/RICE FRESH TURNIP GREENS CHILLED MANDARIN ORANGES ASSORTED FRESH FRUIT MILK, VARIETY	-6- BUFFALO WINGS/BBQ NACHOS/CHEESE PIZZA HAMBURGER/CHEESEBURGER W/LETTUCE, TOMATO & PICKLES DELI CHEESE SANDWICH W/CHEESE SANTA FE CHICKEN SALAD W/MINI CRACKERS FIESTA BEANS/CARROTS W/DIP/WHEAT ROLL BAKED POTATO/CHILLED PINEAPPLE ASSORTED FRESH FRUIT MILK, VARIETY
-9- FALL BREAK	-10- FALL BREAK	-11- FALL BREAK	-12- FALL BREAK	-13- FALL BREAK
-16- CHICKEN SLIDERS/GRILLED CHEESE SANDWICH HAMBURGER/CHEESEBURGER W/LETTUCE, TOMATO & PICKLES DELI TRIO SANDWICH STEAMED BROCCOLI W/CHEESE CRINKLE CUT FRIES CHILLED PEACHES ASSORTED FRESH FRUIT MILK, VARIETY	-17- ROASTED TURKEY & GRAVY SPICY CHICKEN SANDWICH W/LETTUCE, TOMATO & PICKLES DELI SANDWICH W/CHEESE/YOGURT BLAST SEASONED FRIES/CARROT COINS WHEAT ROLL OR CONBREAD LOAF CHILLED FRUIT COCKTAIL ASSORTED FRESH FRUIT MILK, VARIETY	-18- ROASTED CHICKEN W/WHEAT ROLL HAMBURGER/CHEESEBURGER W/LETTUCE, TOMATO & PICKLES DELI TRIO SANDWICH/SOY BUTTER COMBO VEGETARIAN SALAD W/WHEAT CRACKERS FRESH CELERY STICKS W/DIP SWEET POTATOES/CHILLED PEARS ASSORTED FRESH FRUIT MILK, VARIETY	-19- SUPREME PIZZA/LEMONGRASS CHICKEN CHICKEN & WAFFLE SANDWICH DELUXE VEGETARIAN SANDWICH CHEF SALAD W/WHEAT CRACKERS STIR FRIED VEGETABLES/RICE FRESH TURNIP GREENS CHILLED MANDARIN ORANGES ASSORTED FRESH FRUIT MILK, VARIETY	-20- BUFFALO WINGS/BBQ NACHOS/CHEESE PIZZA HAMBURGER/CHEESEBURGER W/LETTUCE, TOMATO & PICKLES DELI CHEESE SANDWICH W/CHEESE SANTA FE CHICKEN SALAD W/MINI CRACKERS FIESTA BEANS/CARROTS W/DIP/WHEAT ROLL BAKED POTATO/CHILLED PINEAPPLE ASSORTED FRESH FRUIT MILK, VARIETY
-23- CHICKEN TENDERS W/WHEAT ROLL HAMBURGER/CHEESEBURGER W/LETTUCE, TOMATO & PICKLES DELI TRIO SANDWICH/GRILLED CHEESE SANDWICH STEAMED BROCCOLI W/CHEESE CRINKLE CUT FRIES CHILLED PEACHES ASSORTED FRESH FRUIT MILK, VARIETY	-24- BEEF STEAK W/GRAVY SPICY CHICKEN SANDWICH W/LETTUCE, TOMATO & PICKLES DELI SANDWICH W/CHEESE/YOGURT BLAST SEASONED FRIES/CARROT COINS WHEAT ROLL OR CONBREAD LOAF CHILLED FRUIT COCKTAIL ASSORTED FRESH FRUIT MILK, VARIETY	-25- OVEN FRIED CHICKEN W/ROLL HAMBURGER/CHEESEBURGER W/LETTUCE, TOMATO & PICKLES DELI TRIO SANDWICH/SOY BUTTER COMBO VEGETARIAN SALAD W/WHEAT CRACKERS SWEET POTATOES/CELERY STICKS W/DIP CHILLED PEARS ASSORTED FRESH FRUIT MILK, VARIETY	-26- CHEESE BREAD STICKS W/MARINARA CHICKEN SANDWICH/DELUXE VEGETARIAN SANDWICH W/LETTUCE, TOMATO & PICKLES CHEF SALAD W/WHEAT CRACKERS STIR FRIED VEGETABLES/RICE FRESH TURNIP GREENS CHILLED MANDARIN ORANGES ASSORTED FRESH FRUIT MILK, VARIETY	-27- BEEFY NACHOS/CHEESE PIZZA HAMBURGER/CHEESEBURGER W/LETTUCE, TOMATO & PICKLES DELI SANDWICH W/CHEESE SANTA FE CHICKEN SALAD/MINI CRACKERS VEGGIES W/DIP PINTO BEANS/BAKED POTATO PINEAPPLE PALS ASSORTED FRESH FRUIT
-30- CHICKEN SLIDERS/GRILLED CHEESE SANDWICH HAMBURGER/CHEESEBURGER W/LETTUCE, TOMATO & PICKLES DELI TRIO SANDWICH STEAMED BROCCOLI W/CHEESE CRINKLE CUT FRIES CHILLED PEACHES ASSORTED FRESH FRUIT MILK, VARIETY	-31- HALLOWEEN MEAL WITCHES BREW CHILI MINI MUMMIES/SCARROTS GRAVEYARD GRUB SALAD CASPER'S CORNBREAD MUFFIN FRESH SWAMP MONSTER GREENS BLOOD ORANGES ASSORTED FRESH FRUIT MILK, VARIETY			

MILK – STUDENTS HAVE A CHOICE OF SKIM, 1% OR CHOCOLATE MILK. OTHER FLAVORED MILKS ARE ONLY OFFERED DURING LUNCH.

MENUS ARE SUBJECT TO CHANGE

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