










# Shelby County Schools - Nutrition Services

## November 2018 Pre-K Breakfast Menu

**Serving Period: BREAKFAST**

Monday	Tuesday	Wednesday	Thursday	Friday
			<p>-1-</p> <p>TURKEY BACON BISCUIT HONEY NUT O'S OR CRISPY RICE CEREAL/GRAHAM CRACKERS ASSORTED FRESH FRUIT 100% FRUIT JUICE, VARIETY 1% MILK OR SKIM MILK</p>	<p>-2-</p> <p>PANCAKE BITES HONEY NUT O'S OR CRISPY RICE CEREAL/GRAHAM CRACKERS ASSORTED FRESH FRUIT 100% FRUIT JUICE, VARIETY 1% MILK OR SKIM MILK</p>
<p>-5-</p> <p>TURKEY HAM &amp; CHEESE ROLL HONEY NUT O'S OR CRISPY RICE CEREAL GRAHAM CRACKERS ASSORTED FRESH FRUIT 100% FRUIT JUICE, VARIETY 1% MILK OR SKIM MILK</p>	<p>-6-</p> <p>BLUEBERRY MUFFIN HONEY NUT O'S OR CRISPY RICE CEREAL GRAHAM CRACKERS ASSORTED FRESH FRUIT 100% FRUIT JUICE, VARIETY 1% MILK OR SKIM MILK</p>	<p>-7-</p> <p>YOGURT &amp; GRANOLA HONEY NUT O'S OR CRISPY RICE CEREAL GRAHAM CRACKERS ASSORTED FRESH FRUIT 100% FRUIT JUICE, VARIETY 1% MILK OR SKIM MILK</p>	<p>-8-</p> <p>FRENCH TOAST STICKS HONEY NUT O'S OR CRISPY RICE CEREAL GRAHAM CRACKERS ASSORTED FRESH FRUIT 100% FRUIT JUICE, VARIETY 1% MILK OR SKIM MILK</p>	<p>-9-</p> <p>SAUSAGE BREAKFAST BAGEL HONEY NUT O'S OR CRISPY RICE CEREAL GRAHAM CRACKERS ASSORTED FRESH FRUIT 100% FRUIT JUICE, VARIETY 1% MILK OR SKIM MILK</p>
<p>-12-</p> <p>VETERANS DAY STUDENT HOLIDAY</p> 	<p>-13-</p> <p>CHICKEN BISCUIT HONEY NUT O'S OR CRISPY RICE CEREAL GRAHAM CRACKERS ASSORTED FRESH FRUIT 100% FRUIT JUICE, VARIETY 1% MILK OR SKIM MILK</p>	<p>-14-</p> <p>BREAKFAST SAUSAGE BAGEL HONEY NUT O'S OR CRISPY RICE CEREAL GRAHAM CRACKERS ASSORTED FRESH FRUIT 100% FRUIT JUICE, VARIETY 1% MILK OR SKIM MILK</p>	<p>-15-</p> <p>TURKEY BACON BISCUIT HONEY NUT O'S OR CRISPY RICE CEREAL GRAHAM CRACKERS ASSORTED FRESH FRUIT 100% FRUIT JUICE, VARIETY 1% MILK OR SKIM MILK</p>	<p>-16-</p> <p>PANCAKE BITES HONEY NUT O'S OR CRISPY RICE CEREAL GRAHAM CRACKERS ASSORTED FRESH FRUIT 100% FRUIT JUICE, VARIETY 1% MILK OR SKIM MILK</p>
<p>-19-</p> <p>MINI BLUEBERRY PANCAKES HONEY NUT O'S OR CRISPY RICE CEREAL GRAHAM CRACKERS ASSORTED FRESH FRUIT 100% FRUIT JUICE, VARIETY 1% MILK OR SKIM MILK</p>	<p>-20-</p> <p>BLUEBERRY MUFFIN HONEY NUT O'S OR CRISPY RICE CEREAL GRAHAM CRACKERS ASSORTED FRESH FRUIT 100% FRUIT JUICE, VARIETY 1% MILK OR SKIM MILK</p>	<p>-21-</p> <p>THANKSGIVING BREAK STUDENT HOLIDAY</p>  <p>Happy Thanksgiving</p>	<p>-22-</p> <p>THANKSGIVING BREAK STUDENT HOLIDAY</p>  <p>Happy Thanksgiving</p>	<p>-23-</p> <p>THANKSGIVING BREAK STUDENT HOLIDAY</p>  <p>Happy Thanksgiving</p>
<p>-26-</p> <p>BREAKFAST WRAP HONEY NUT O'S OR CRISPY RICE CEREAL GRAHAM CRACKERS ASSORTED FRESH FRUIT 100% FRUIT JUICE, VARIETY 1% MILK OR SKIM MILK</p>	<p>-27-</p> <p>CHICKEN BISCUIT HONEY NUT O'S OR CRISPY RICE CEREAL GRAHAM CRACKERS ASSORTED FRESH FRUIT 100% FRUIT JUICE, VARIETY 1% MILK OR SKIM MILK</p>	<p>-28-</p> <p>BREAKFAST SAUSAGE BAGEL HONEY NUT O'S OR CRISPY RICE CEREAL GRAHAM CRACKERS ASSORTED FRESH FRUIT 100% FRUIT JUICE, VARIETY 1% MILK OR SKIM MILK</p>	<p>-29-</p> <p>TURKEY BACON BISCUIT HONEY NUT O'S OR CRISPY RICE CEREAL GRAHAM CRACKERS ASSORTED FRESH FRUIT 100% FRUIT JUICE, VARIETY 1% MILK OR SKIM MILK</p>	<p>-30-</p> <p>PANCAKE BITES HONEY NUT O'S OR CRISPY RICE CEREAL GRAHAM CRACKERS ASSORTED FRESH FRUIT 100% FRUIT JUICE, VARIETY 1% MILK OR SKIM MILK</p>

MILK – STUDENTS HAVE A CHOICE OF SKIM OR 1%.

\*MENUS ARE SUBJECT TO CHANGE\*

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