










# Shelby County Schools - Division of Nutrition Services

## November 2018 Secondary Lunch Menu 9-12

### Serving Period: LUNCH SECONDARY

Monday	Tuesday	Wednesday	Thursday	Friday
			-1- CHEESE BREADSTICK W/MARINARA BREADED CHICKEN SANDWICH HONEY FIRE CHICKEN W/RICE HUMMUS DIPPERS W/CHEESE CHEF SALAD W/WHEAT CRACKERS ROMAINE GARDEN SALAD/CARROT COINS CHILLED PEACHES ASSORTED FRESH FRUIT MILK, VARIETY	-2- BEEF NACHOS HAMBURGER/CHEESEBURGER DELI SANDWICH W/CHEESE CHEESE PIZZA SANTA FE CHICKEN SALAD W/WHEAT CRACKERS WHOLE KERNEL CORN/FIESTA BEANS CHILLED PINEAPPLE ASSORTED FRESH FRUIT
-5- CHICKEN & WAFFLE SANDWICH HAMBURGER/CHEESEBURGER DELI TRIO SANDWICH/PRETZELS GRILLED CHEESE SANDWICH STEAMED BROCCOLI W/CHEESE CRINKLE CUT FRIES CHILLED PEACHES ASSORTED FRESH FRUIT MILK, VARIETY	-6- BEEF STEAK FINGERS W/WHEAT ROLL OR CORNBREAD SPICY CHICKEN SANDWICH DELI SANDWICH W/CHEESE/YOGURT BLAST GREEN BEANS WHIPPED POTATOES W/GRAVY CHILLED FRUIT COCKTAIL ASSORTED FRESH FRUIT MILK, VARIETY	-7- OVEN ROASTED CHICKEN W/WHEAT ROLL HAMBURGER/CHEESEBURGER DELI TRIO SANDWICH/SOY BUTTER COMBO VEGETARIAN SALAD W/WHEAT CRACKERS TURNIP GREENS SWEET POTATOES CHILLED PEARS ASSORTED FRESH FRUIT MILK, VARIETY	-8- SUPREME PIZZA BUFFALO CHICKEN SLIDERS ORANGE CHICKEN W/RICE DELUXE VEGETARIAN SANDWICH CHEF SALAD W/WHEAT CRACKERS ROMAINE GARDEN SALAD/CARROT COINS CHILLED PEACHES ASSORTED FRESH FRUIT MILK, VARIETY	-9- HOT WINGS BBQ CHICKEN NACHOS HAMBURGER/CHEESEBURGER/CHEESE PIZZA DELI SANDWICH W/CHEESE SANTA FE CHICKEN SALAD/W WHEAT CRACKERS FIESTA BEANS/FRUIT SLUSH CHILLED PINEAPPLE ASSORTED FRESH FRUIT MILK, VARIETY
-12- <b>VETERANS DAY STUDENT HOLIDAY</b> 	-13- HONEY FIRE CHICKEN W/RICE SPICY CHICKEN SANDWICH YOGURT BLAST DELI SANDWICH W/CHEESE GREEN BEANS ROASTED REDSKIN POTATOES CHILLED FRUIT COCKTAIL ASSORTED FRESH FRUIT MILK, VARIETY	-14- OVEN FRIED CHICKEN W/ ROLL BACON CHEESEBURGER DELI TRIO SANDWICH/SOYBUTTER COMBO VEGETARIAN SALAD W/CRACKERS TURNIP GREENS CARROT COINS CHILLED PEARS ASSORTED FRESH FRUIT MILK, VARIETY	-15- <b>THANKSGIVING DAY LUNCH</b> TURKEY & DRESSING W/GRAVY CRANBERRY SAUCE SUPREME PIZZA/VEGETARIAN SALAD WHEAT ROLL OR CORNBREAD MUFFIN TURNIP GREENS/SWEET POTATOES CHILLED TROPICAL FRUIT ASSORTED FRESH FRUIT MILK, VARIETY	-16- BEEF NACHOS HAMBURGER/CHEESEBURGER DELI SANDWICH W/CHEESE CHEESE PIZZA SANTA FE CHICKEN SALAD W/WHEAT CRACKERS WHOLE KERNEL CORN/FIESTA BEANS CHILLED PINEAPPLE ASSORTED FRESH FRUIT
-19- JAMBALAYA W/RICE HAMBURGER/CHEESEBURGER DELI TRIO SANDWICH GRILLED CHEESE SANDWICH STEAMED BROCCOLI W/CHEESE CRINKLE CUT FRIES CHILLED PEACHES ASSORTED FRESH FRUIT MILK, VARIETY	-20- BEEF STEAK FINGERS W/WHEAT ROLL OR CORNBREAD SPICY CHICKEN SANDWICH DELI SANDWICH W/CHEESE/YOGURT BLAST GREEN BEANS WHIPPED POTATOES W/GRAVY CHILLED FRUIT COCKTAIL ASSORTED FRESH FRUIT MILK, VARIETY	-21- <b>THANKSGIVING BREAK STUDENT HOLIDAY</b> 	-22- <b>THANKSGIVING BREAK STUDENT HOLIDAY</b> 	-23- <b>THANKSGIVING BREAK STUDENT HOLIDAY</b> 
-26- BAKED POTATO SOUP W/ROLL HAMBURGER/CHEESEBURGER DELI TRIO SANDWICH GRILLED CHEESE SANDWICH STEAMED BROCCOLI W/CHEESE CRINKLE CUT FRIES CHILLED PEACHES ASSORTED FRESH FRUIT MILK, VARIETY	-27- ROASTED TURKEY W/GRAVY WHEAT ROLL OR CORNBREAD MUFFIN SPICY CHICKEN SANDWICH/ YOGURT BLAST DELI SANDWICH W/CHEESE RED ROASTED POTATOES/GREEN BEANS CHILLED FRUIT COCKTAIL ASSORTED FRESH FRUIT MILK, VARIETY	-28- OVEN FRIED CHICKEN W/ ROLL BACON CHEESEBURGER DELI TRIO SANDWICH/SOYBUTTER COMBO VEGETARIAN SPINACH SALAD W/CRACKERS TURNIP GREENS CARROT COINS CHILLED PEARS ASSORTED FRESH FRUIT MILK, VARIETY	-29- CHEESE BREADSTICK W/MARINARA BREADED CHICKEN SANDWICH HONEY FIRE CHICKEN W/RICE HUMMUS DIPPERS W/CHEESE CHEF SPINACH SALAD W/WHEAT CRACKERS SPINACH GARDEN SALAD/CARROT COINS CHILLED PEACHES ASSORTED FRESH FRUIT MILK, VARIETY	-30- CRISPITO W/CHILI HAMBURGER/CHEESEBURGER DELI SANDWICH W/CHEESE CHEESE PIZZA SANTA FE CHICKEN SPINACH SALAD W/WHEAT CRACKERS WHOLE KERNEL CORN/FIESTA BEANS CHILLED PINEAPPLE/ASSORTED FRESH FRUIT MILK, VARIETY

MILK – STUDENTS HAVE A CHOICE OF SKIM, 1% OR CHOCOLATE MILK. OTHER FLAVORED MILKS ARE ONLY OFFERED DURING LUNCH.

\*MENUS ARE SUBJECT TO CHANGE\*

**PARENTS please be aware that Romaine lettuce has been removed from all salad recipes.**

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