









Shelby County Schools - Division of Nutrition Services

January 2020 Secondary Lunch Menu 9-12

Serving Period: SECONDARY LUNCH

Monday	Tuesday	Wednesday	Thursday	Friday
-30- WINTER BREAK STUDENT HOLIDAY 	-31- WINTER BREAK STUDENT HOLIDAY 	-1- WINTER BREAK STUDENT HOLIDAY 	-2- WINTER BREAK STUDENT HOLIDAY 	-3- WINTER BREAK STUDENT HOLIDAY 
-6- CORN DOG NUGGETS CHEESE PIZZA/BUFFALO CHICKEN TENDERS CRINKLE CUT FRIES GREEN BEANS CHILLED PEACHES CHILLED TROPICAL FRUIT ASSORTED FRESH FRUIT MILK, VARIETY	-7- SPAGHETTI W/MEAT SAUCE POPCORN CHICKEN SOY BUTTER JAMMER COMBO STEAMED BROCCOLI W/CHEESE/CORNBREAD WHIPPED POTATOES W/GRAVY CHILLED FRUIT COCKTAIL ASSORTED FRESH FRUIT MILK, VARIETY	-8- BBQ MEATBALLS HAMBURGER/CHEESEBURGER DELI TRIO W/CHEESE/VEGGIE SALAD BAKED BEANS/WHEAT ROLL WHOLE KERNEL CORN CHILLED PEARS ASSORTED FRESH FRUIT MILK, VARIETY	-9- SUPREME PIZZA/SPICY CHICKEN SANDWICH HOT TURKEY HAM AND CHEESE CHEESE BREADSTICKS W/MARINARA TURNIP GREENS/WHEAT CRACKERS BAKED SWEET POTATO CHILLED TROPICAL FRUIT ASSORTED FRESH FRUIT MILK, VARIETY	-10- BUFFALO CHICKEN WINGS FISH STRIPS/MACARONI & CHEESE FISH STRIPS W/MAC & CHEESE PINTO BEANS/STEAMED CABBAGE SANTA FE SALAD/WHEAT ROLL/VEGGIE CUP CHILLED PINEAPPLE ASSORTED FRESH FRUIT MILK, VARIETY
-13- CHICKEN TENDERS & WAFFLE HAMBURGER/CHEESEBURGER DELI TRIO SANDWICH W/CHEESE CRINKLE CUT FRIES GREEN BEANS CHILLED PEACHES ASSORTED FRESH FRUIT MILK, VARIETY	-14- OVEN ROASTED CHICKEN DELI TURKEY SANDWICH W/CHEESE VEGETARIAN PINWHEEL STEAMED BROCCOLI W/CHEESE/WHEAT ROLL BAKED SWEET POTATO CHILLED FRUIT COCKTAIL ASSORTED FRESH FRUIT MILK, VARIETY	-15- HONEY FIRE CHICKEN HAMBURGER/CHEESEBURGER YOGURT BLAST STIR FRIED VEGETABLES STIR FRIED RICE ORANGE GLAZED CARROTS/WHEAT ROLL CHILLED PEARS ASSORTED FRESH FRUIT MILK, VARIETY	-16- CRISPITO W/CHILI BBQ NACHOS BLACK BEAN & CORN SALSA YOGURT BLAST WHOLE KERNEL CORN/FIESTA BEANS ROMAINE GARDEN SALAD CHILLED PINEAPPLE ASSORTED FRESH FRUIT MILK, VARIETY	-17- BREADED CHICKEN SANDWICH CHEF SALAD CHEESE BREADSTICKS W/MARINARA STEAMED SPINACH ROASTED RED POTATOES WHEAT ROLL/WHEAT CRACKERS CHILLED TROPICAL FRUIT ASSORTED FRESH FRUIT MILK, VARIETY
-20- MARTIN LUTHER KING, JR. DAY STUDENT HOLIDAY 	-21- SUPREME PIZZA HAMBURGER/CHEESEBURGER SOY BUTTER JAMMER MEAL CRINKLE CUT POTATES GREEN BEANS CHILLED PEACHES ASSORTED FRESH FRUIT MILK, VARIETY	-22- CRISPITO W/CHILI SPICY CHICKEN SANDWICH TURKEY SANDWICH/CHEESE PIZZA STEAMED BROCCOLI W/CHEESE WHIPPED POTATOES W/GRAVY CHILLED FRUIT COCKTAIL ASSORTED FRESH FRUIT MILK, VARIETY	-23- TERIYAKI MEATBALLS HAMBURGER/CHEESEBURGER DELI TRIO SANDWICH/VEGGIE SALAD STIR FRY VEGETABLES/BROWN RICE ORANGE GLAZED CARROTS/WHEAT ROLL CHILLED PEARS ASSORTED FRESH FRUIT MILK, VARIETY	-24- CHICKEN PRIMAVERA BUFFALO CHICKEN WINGS HAMBURGER/CHEESEBURGER PINTO BEANS/STEAMED CABBAGE SANTA FE SALAD/VEGGIE CUP/WHEAT ROLL CHILLED TROPICAL FRUIT ASSORTED FRESH FRUIT MILK, VARIETY
-27- BAKED POTATO SOUP HAMBURGER/CHEESEBURGER DELI TRIO SANDWICH/GRILLED CHEESE GREEN BEANS ORANGE GLAZED CARROTS CHILLED PEACHES ASSORTED FRESH FRUIT MILK, VARIETY	-28- OVEN ROASTED CHICKEN DELI TURKEY SANDWICH W/CHEESE VEGETARIAN PINWHEEL STEAMED BROCCOLI W/CHEESE/WHEAT ROLL BAKED SWEET POTATO CHILLED FRUIT COCKTAIL ASSORTED FRESH FRUIT MILK, VARIETY	-29- HONEY FIRE CHICKEN BREADED CHICKEN SANDWICH YOGURT BLAST STIR FRIED VEGETABLES STIR FRIED RICE ORANGE GLAZED CARROTS/WHEAT ROLL CHILLED PEARS ASSORTED FRESH FRUIT MILK, VARIETY	-30- BREADED CHICKEN SANDWICH GRILLED CHICKEN SALAD/CRISPITO W/CHILI HUMMUS DIPPERS W/CHEESE TURNIP GREENS ROASTED RED POTATOES WHEAT ROLL CHILLED TROPICAL FRUIT ASSORTED FRESH FRUIT MILK, VARIETY	-31- BUFFALO CHICKEN WINGS HAMBURGER/CHEESEBURGER BBQ NACHOS POPCORN CHICKEN SALAD/CHEESE PIZZA VEGGIE CUP/ROMAINE GARDEN SALAD CRINKLE CUT FRIES CHILLED PINEAPPLE ASSORTED FRESH FRUIT MILK, VARIETY

MILK – STUDENTS HAVE A CHOICE OF SKIM, 1% OR CHOCOLATE MILK. OTHER FLAVORED MILKS ARE ONLY OFFERED DURING LUNCH.

MENUS ARE SUBJECT TO CHANGE

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