










Shelby County Schools - Division of Nutrition Services

January 2019 Secondary Lunch Menu 9-12

Serving Period: SECONDARY LUNCH

Monday	Tuesday	Wednesday	Thursday	Friday
<p>WINTER BREAK STUDENT HOLIDAY</p> 	<p>-1- WINTER BREAK STUDENT HOLIDAY</p> 	<p>-2- WINTER BREAK STUDENT HOLIDAY</p> 	<p>-3- WINTER BREAK STUDENT HOLIDAY</p> 	<p>-4- WINTER BREAK STUDENT HOLIDAY</p> 
<p>-7- CHICKEN & WAFFLE SANDWICH HAMBURGER/CHEESEBURGER DELI TRIO SANDWICH/PRETZELS GRILLED CHEESE SANDWICH STEAMED BROCCOLI W/CHEESE CRINKLE CUT FRIES CHILLED PEACH CUP ASSORTED FRESH FRUIT MILK, VARIETY</p>	<p>-8- BEEF STEAK FINGERS W/WHEAT ROLL OR CORNBREAD SPICY CHICKEN SANDWICH DELI SANDWICH W/CHEESE/YOGURT BLAST GREEN BEANS WHIPPED POTATOES W/GRAVY CHILLED FRUIT COCKTAIL ASSORTED FRESH FRUIT MILK, VARIETY</p>	<p>-9- OVEN ROASTED CHICKEN W/WHEAT ROLL BACON CHEESEBURGER DELI TRIO SANDWICH/SOY BUTTER COMBO VEGETARIAN SALAD W/WHEAT CRACKERS TURNIP GREENS SEASONED BAKED SWEET POTATO CHILLED PEARS ASSORTED FRESH FRUIT MILK, VARIETY</p>	<p>-10- SUPREME PIZZA BUFFALO CHICKEN SLIDERS ORANGE CHICKEN W/RICE DELUXE VEGETARIAN SANDWICH CHEF SALAD W/WHEAT CRACKERS ROMAINE GARDEN SALAD/CARROT COINS CHILLED PEACHES ASSORTED FRESH FRUIT MILK, VARIETY</p>	<p>-11- HOT WINGS HAMBURGER/CHEESEBURGER/CHEESE PIZZA DELI SANDWICH W/CHEESE SANTA FE CHICKEN SALAD/W WHEAT CRACKERS FIESTA BEANS WHOLE KERNEL CORN CHILLED PINEAPPLE ASSORTED FRESH FRUIT MILK, VARIETY</p>
<p>-14- JAMBALAYA W/RICE HAMBURGER/CHEESEBURGER DELI TRIO SANDWICH GRILLED CHEESE SANDWICH STEAMED BROCCOLI W/CHEESE CRINKLE CUT FRIES CHILLED PEACH CUP ASSORTED FRESH FRUIT MILK, VARIETY</p>	<p>-15- ROASTED TURKEY W/GRAVY WHEAT ROLL OR CORNBREAD MUFFIN SPICY CHICKEN SANDWICH/ YOGURT BLAST DELI SANDWICH W/CHEESE RED ROASTED POTATOES/GREEN BEANS CHILLED FRUIT COCKTAIL ASSORTED FRESH FRUIT MILK, VARIETY</p>	<p>-16- OVEN FRIED CHICKEN W/ ROLL BACON CHEESEBURGER DELI TRIO SANDWICH/SOYBUTTER COMBO VEGETARIAN SPINACH SALAD W/CRACKERS TURNIP GREENS SEASONED BAKED SWEET POTATO CHILLED PEARS ASSORTED FRESH FRUIT MILK, VARIETY</p>	<p>-17- POPCORN CHICKEN W/WHEAT ROLL CHEESE BREADSTICK W/MARINARA GRILLED CHICKEN SPINACH SALAD W/ CRACKERS STEAMED SPINACH ROASTED RED SKIN POTATOES CHILLED TROPICAL FRUIT ASSORTED FRESH FRUIT MILK, VARIETY</p>	<p>-18- BEEF NACHOS HAMBURGER/CHEESEBURGER DELI SANDWICH W/CHEESE CHEESE PIZZA SANTA FE CHICKEN SALAD W/WHEAT CRACKERS WHOLE KERNEL CORN/FIESTA BEANS CHILLED PINEAPPLE ASSORTED FRESH FRUIT MILK, VARIETY</p>
<p>-21- MARTIN LUTHER KING, JR. DAY STUDENT HOLIDAY</p> 	<p>-22- BEEF STEAK FINGERS W/WHEAT ROLL OR CORNBREAD SPICY CHICKEN SANDWICH DELI SANDWICH W/CHEESE/YOGURT BLAST GREEN BEANS WHIPPED POTATOES W/GRAVY CHILLED FRUIT COCKTAIL ASSORTED FRESH FRUIT MILK, VARIETY</p>	<p>-23- OVEN ROASTED CHICKEN W/WHEAT ROLL BACON CHEESEBURGER DELI TRIO SANDWICH/SOY BUTTER COMBO VEGETARIAN SALAD W/WHEAT CRACKERS TURNIP GREENS SEASONED BAKED SWEET POTATO CHILLED PEARS ASSORTED FRESH FRUIT MILK, VARIETY</p>	<p>-24- SUPREME PIZZA BUFFALO CHICKEN SLIDERS ORANGE CHICKEN W/RICE DELUXE VEGETARIAN SANDWICH CHEF SALAD W/WHEAT CRACKERS ROMAINE GARDEN SALAD/CARROT COINS CHILLED PEACHES ASSORTED FRESH FRUIT MILK, VARIETY</p>	<p>-25- HOT WINGS HAMBURGER/CHEESEBURGER/CHEESE PIZZA DELI SANDWICH W/CHEESE SANTA FE CHICKEN SALAD/W WHEAT CRACKERS FIESTA BEANS/CORN/FIESTA BEANS CHILLED PINEAPPLE ASSORTED FRESH FRUIT MILK, VARIETY</p>
<p>-28- BAKED POTATO SOUP W/ROLL HAMBURGER/CHEESEBURGER DELI TRIO SANDWICH GRILLED CHEESE SANDWICH STEAMED BROCCOLI W/CHEESE CRINKLE CUT FRIES CHILLED PEACH CUP ASSORTED FRESH FRUIT MILK, VARIETY</p>	<p>-29- ROASTED TURKEY W/GRAVY WHEAT ROLL OR CORNBREAD MUFFIN SPICY CHICKEN SANDWICH/ YOGURT BLAST DELI SANDWICH W/CHEESE RED ROASTED POTATOES/GREEN BEANS CHILLED FRUIT COCKTAIL ASSORTED FRESH FRUIT MILK, VARIETY</p>	<p>-30- OVEN FRIED CHICKEN W/ ROLL BACON CHEESEBURGER DELI TRIO SANDWICH/SOYBUTTER COMBO VEGETARIAN SPINACH SALAD W/CRACKERS TURNIP GREENS SEASONED BAKED SWEET POTATO CHILLED PEARS ASSORTED FRESH FRUIT MILK, VARIETY</p>	<p>-31- SPICY CHICKEN SANDWICH CHEESE BREADSTICK W/MARINARA HONEY FIRE CHICKEN W/RICE HUMMUS DIPPERS/CHEF SALAD W/CRACKERS STIR FRY VEGETABLES/CARROT COINS CHILLED TROPICAL FRUIT ASSORTED FRESH FRUIT MILK, VARIETY</p>	<p>HAPPY NEW YEAR!</p> 

MILK – STUDENTS HAVE A CHOICE OF SKIM, 1% OR CHOCOLATE MILK. OTHER FLAVORED MILKS ARE ONLY OFFERED DURING LUNCH.

MENUS ARE SUBJECT TO CHANGE

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