















# Shelby County Schools - Division of Nutrition Services

## December 2018 At Risk Supper Menu

**Serving Period: AT RISK SUPPER**

| Monday  | Tuesday   | Wednesday  | Thursday  | Friday   |
|---|---|--|---|--|
| -3-<br>DELI TURKEY HAM SANDWICH<br>ON WHOLE GRAIN BUN<br>W/LETTUCE, TOMATO, & PICKLES<br>CARROTS W/DIP<br>TROPICAL FRUIT CUP<br>MILK, VARIETY | -4-<br>CHICKEN TENDERS<br>WHEAT ROLL<br>SPINACH GARDEN SALAD<br>FRESH APPLE<br>MILK, VARIETY  | -5-<br>HOMESTYLE TURKEY SANDWICH<br>ON WHOLE GRAIN BUN<br>W/LETTUCE, TOMATO, & PICKLES<br>VEGGIE CUP W/DIP<br>FRESH PEAR<br>MILK, VARIETY  | -6-<br>CHICKEN PHILLY SANDWICH<br>ON WHOLE GRAIN HOAGIE<br>STEAMED BROCCOLI<br>FRESH APPLE<br>MILK, VARIETY                             | -7-<br>DELI TURKEY SANDWICH<br>ON WHOLE GRAIN BUN<br>W/LETTUCE, TOMATO, & PICKLES<br>GRAPE/CHERRY TOMATOES W/DIP<br>FRESH ORANGE<br>MILK, VARIETY    |
| -10-<br>DELI TRIO SANDWICH<br>ON WHOLE GRAIN HOAGIE<br>W/LETTUCE, TOMATO, & PICKLES<br>CARROTS W/DIP<br>TROPICAL FRUIT CUP<br>MILK, VARIETY   | -11-<br>BBQ PORK SANDWICH<br>ON WHOLE GRAIN BUN<br>STEAMED BROCCOLI<br>FRESH APPLE<br>MILK, VARIETY   | -12-<br>BREADED CHICKEN SANDWICH<br>ON WHOLE GRAIN BUN<br>VEGGIE CUP W/DIP<br>FRESH PEAR<br>MILK, VARIETY                                  | -13-<br>CHICKEN NUGGETS<br>WHOLE GRAIN ROLL<br>SPINACH GARDEN SALAD<br>FRESH ORANGE<br>MILK, VARIETY                                    | -14-<br>DELI TURKEY HAM SANDWICH<br>ON WHOLE GRAIN BUN<br>W/LETTUCE, TOMATO, & PICKLES<br>CUCUMBERS & TOMATOES W/DIP<br>FRESH APPLE<br>MILK, VARIETY |
| -17-<br>DELI TURKEY HAM SANDWICH<br>ON WHOLE GRAIN BUN<br>W/LETTUCE, TOMATO, & PICKLES<br>CARROTS W/DIP<br>FRESH APPLE<br>MILK, VARIETY       | -18-<br>BUFFALO CHICKEN SANDWICH<br>ON WHOLE GRAIN ROLL<br>W/LETTUCE, TOMATO, & PICKLES<br>SPINACH GARDEN SALAD<br>CHILLED PEACHES<br>MILK, VARIETY | -19-<br>HOMESTYLE TURKEY SANDWICH<br>ON WHOLE GRAIN BUN<br>W/LETTUCE, TOMATO, & PICKLES<br>VEGGIE CUP W/DIP<br>FRESH PEAR<br>MILK, VARIETY | -20-<br><b>WINTER BREAK<br/>STUDENT HOLIDAY</b><br>  | -21-<br><b>WINTER BREAK<br/>STUDENT HOLIDAY</b><br>               |
| -24-<br><b>WINTER BREAK<br/>STUDENT HOLIDAY</b><br>         | -25-<br><b>WINTER BREAK<br/>STUDENT HOLIDAY</b><br>               | -26-<br><b>WINTER BREAK<br/>STUDENT HOLIDAY</b><br>     | -27-<br><b>WINTER BREAK<br/>STUDENT HOLIDAY</b><br> | -28-<br><b>WINTER BREAK<br/>STUDENT HOLIDAY</b><br>              |
| -31-<br><b>WINTER BREAK<br/>STUDENT HOLIDAY</b><br>        | JAN<br>-1-<br><b>WINTER BREAK<br/>STUDENT HOLIDAY</b><br>        | -2-<br><b>WINTER BREAK<br/>STUDENT HOLIDAY</b><br>     | -3-<br><b>WINTER BREAK<br/>STUDENT HOLIDAY</b><br> | -4-<br><b>WINTER BREAK<br/>STUDENT HOLIDAY</b><br>              |

MILK – STUDENTS HAVE A CHOICE OF SKIM, 1% OR CHOCOLATE MILK. OTHER FLAVORED MILKS ARE ONLY OFFERED DURING LUNCH.

\*MENUS ARE SUBJECT TO CHANGE\*

**PARENTS please be aware that Romaine lettuce has been removed from all salad recipes.**

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